

THE PACKING LIST

The Ferry Picnic

Something good to eat. A small bag. Somewhere pleasant to sit.

Choose: ☐ For two ☐ With a book ☐ After work

The meal

- ☐ One filling lunch per person
- ☐ Washed fruit or something fresh
- ☐ A small sweet extra, if wanted
- ☐ Water and any extra drink

Keep it cool

- ☐ Insulated bag for chilled food
- ☐ Ice packs around the contents
- ☐ Sealed, leak-resistant containers

The useful things

- ☐ Napkins
- ☐ Cutlery needed for this meal
- ☐ A seat or a dry picnic cloth
- ☐ A light layer
- ☐ A book, if you want one
- ☐ A bag for rubbish and used items

Before you leave

- ☐ Check the place and the weather
- ☐ Agree who brings what
- ☐ Pack chilled food just before leaving

Keep refrigerated food cold in a closed cool bag with ice packs, out of direct sun. Follow use-by dates and storage instructions. Wash hands and produce before preparing food.

Food Standards Agency: picnic guidance

THE LITTLE PLANNER

Three ways to go

Choose the outing that fits the day you actually have.

01 **For two**

Two filled rolls, two apples, a few biscuits and water. Add suitable cooling for the fillings. One person brings the food; the other takes the drinks and something to sit on.

Who is bringing what?

02 **Alone with a book**

One familiar lunch, fruit, water, a napkin and the book you want to read. Add cooling when needed. Choose a comfortable place you know; a bench can be easier than a blanket.

Where would I like to sit?

03 **After work**

A nearby place, an easy supper and a layer. Keep food refrigerated at work when required, then pack it in a cool bag. Bought food is welcome. Take the indoor version if the weather changes.

What will make leaving easy?

My small plan

The place

The food

The time to leave

If the weather changes, keep the food and move the picnic to a table at home.