

ESSY'S ESSENTIALS



Recipe No. 05

PEACH, THYME & SPARKLING WATER COOLER

*Light, fragrant and made for
open windows • Serves 4*

Ingredients

2 ripe peaches, diced
juice of 1 lime
1 tbsp honey
4 thyme sprigs
500 ml chilled sparkling water
150 ml cold water
ice cubes
peach slices, to serve

Method

1. Add the diced peaches, lime juice and honey to a jug and gently muddle.
2. Add the thyme sprigs and leave to infuse for 10 minutes.
3. Fill glasses with ice and spoon in a little of the peach mixture.
4. Top with the sparkling water and cold water.
5. Stir gently and finish with peach slices and a fresh sprig of thyme.

Essy's Notes ♥

*Especially lovely with little aperitivo bites
and the windows thrown open.*