

ESSY'S ESSENTIALS



Recipe No. 04

PEACH, ROSEMARY & SPARKLING WATER LEMONADE

*A sun-warm pitcher for
slow afternoons • Serves 4*

Ingredients

2 ripe peaches, sliced
juice of 2 lemons
2 tbsp honey
1 small rosemary sprig
500 ml chilled sparkling water
250 ml cold still water
ice cubes
lemon slices, to serve

Method

1. Add the peaches, lemon juice and honey to a jug and gently muddle.
2. Add the rosemary sprig and leave to infuse for 10 minutes.
3. Pour in the sparkling water and still water.
4. Fill glasses with ice and pour over the lemonade.
5. Add lemon slices and a little extra peach, then serve at once.

Essy's Notes

*Beautiful on a terrace table with lots of ice
and a bowl of salty snacks.*